

ADRC Connections

Summer 2022

Connecting You to Your Community's Resources

The Aging and Disability Resource Center (ADRC) of Racine County is the place to start when you need information and options. We help older people and adults with disabilities, along with their families and caregivers, find services and resources to keep them living well and independently. We are dedicated to assisting older adults and people with physical or developmental/ intellectual disabilities, and caregivers by providing the information and resources needed based on their needs. Our goal is to empower individuals to live with dignity and security, and achieve maximum independence and quality of life.

The ADRC provides Information & Assistance, Options Counseling, Caregiver Support, Benefit Specialists and more at no charge to you.

Call us Monday- Friday, 8:00 am- 4:30 pm at 262-833-8777.



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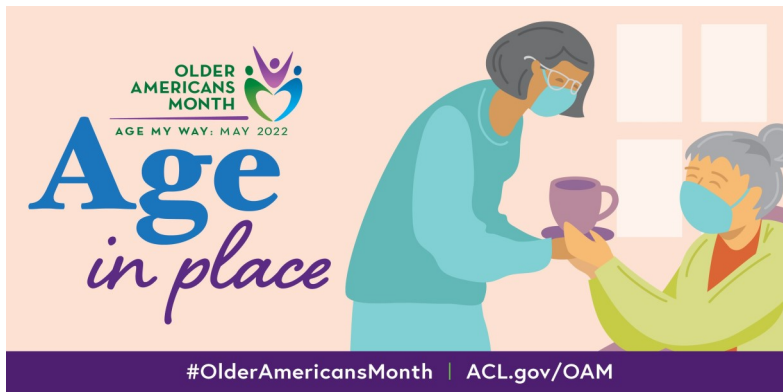
Aging & Disability Resource Center Advisory Board Vacancy

Are you interested in the future of resources for caregivers, aging individuals or persons with disabilities in Racine County? We are looking to diversify our ADRC Commission on Aging Board. We meet every other month at the ADRC (Racine County Ives Grove building). If you are interested, call the ADRC to request an application.

We Appreciate All of Our Volunteers!



County Executive Jonathan Delagrave and members of his leadership team recognized the many outstanding volunteers in the Racine County community at the AmeriCorps Seniors volunteer appreciation luncheon at Batten Airfield.



Older adults play vital, positive roles in our communities as family members, friends, mentors, volunteers, civic leaders, members of the workforce, and more. Just as every person is unique, so, too, is how they age and how they choose to live their life – and there is no “right” way. That’s why the theme for Older Americans Month (OAM) 2022 is *Age My Way*.

Every May, the Administration for Community Living (ACL) leads the celebration of OAM. This year’s theme focuses on how older adults can age in their communities, living independently for as long as possible and participating in their community ways they choose.

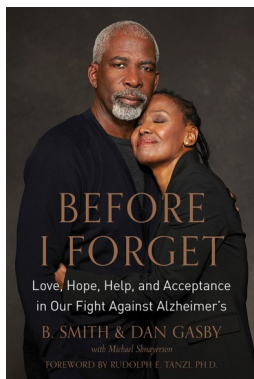
While *Age My Way* will look different for each person, here are common things everyone can consider:

- **Planning:** Think about what you will need and want in the future, from home and community-based services to community activities that interest you.
- **Engagement:** Remain involved and contribute to your community through work, volunteerism, and/or civic participation opportunities.
- **Access:** Make home improvements and modifications, use assistive technologies, and customize supports to help you better age in place.
- **Connection:** Maintain social activities and relationships to combat social isolation and stay connected to your community.

This year, the Aging and Disability Resource Center of Racine County is excited to celebrate OAM with our partners in the aging community.

For more information and to find resources you may need on aging in place, call the Aging & Disability Resource Center of Racine County at 262-833-8777.

A Novel Idea...



The ADRC of Racine County has a monthly caregiver book club that meets virtually via **Zoom** on the **1st Friday of the month** from **12 - 1 pm**. The next book we’ll be reading is *Before I Forget: Love, Hope, Help and Acceptance in our Fight Against Alzheimer’s* by B. Smith and Dan Gasby.

Supermodel, restaurateur, magazine

publisher, celebrity chef, and nationally known lifestyle maven, B. Smith is struggling with a tag she never expected to add to that string: early onset Alzheimer’s patient.

If you would like to join our book club, please contact Ruth Stauersbol at 262-833-8764 to receive the current book, any materials, and call-in/virtual group information.

Food Serving Sizes Have a Reality Check

The last time you scooped some ice cream for dessert, did you limit yourself to half a cup? If you took more—you're right in step with most people these days. Likewise with a soft drink: Do you drink 8 ounces, 12 ounces, or even the whole 20-ounce bottle?

Understanding Serving Sizes

Some of the requirements for serving sizes have changed on the new Nutrition Facts label. By law, serving sizes must be based on the amount of food people typically consume, rather than how much they *should* consume. Serving sizes have been updated to reflect the amount people typically eat and drink today. For example, based on the review of relevant information such as nationwide surveys of the amounts of foods Americans eat, the serving size for most soda products has changed from 8 fluid ounces to 12 fluid ounces.

The nutrition information listed on the Nutrition Facts label is usually based on one serving of the food; however, some containers may also have information displayed per package or per unit.

If the serving size for a food or beverage has increased, the calories and other nutrients listed on the Nutrition Facts label may also increase. Similarly, if the serving size for a food or beverage has decreased, the calories and other nutrients listed on the Nutrition Facts label may also decrease. As a result, it may look like the nutritional content for some food and beverage products has changed, when in fact, the ingredients of the product are the same but the serving size has changed.

The original and new Nutrition Facts labels for ice cream are shown below. On the original Nutrition Facts label, the serving size was 1/2 cup (66g), while on the new Nutrition Facts label, the serving size is 2/3 cup (88g). While it may look like the calories and nutrients in the product increased, many of these changes are due to the updated serving size, not a change in the product.

The FDA hopes the updated label will make it easier for people to determine the number of calories and nutrients they're truly consuming so they can ultimately make healthier food choices for themselves and their families.

For more information visit:

<https://www.fda.gov/food/new-nutrition-facts-label/serving-size-updates-new-nutrition-facts-label>



Nutrition Facts Label for Ice Cream

Original Label

| Nutrition Facts | | |
|---|----------------------|-----------------|
| Serving Size ½ cup (66g) | | |
| Servings Per Container 12 | | |
| Amount Per Serving | | |
| Calories 130 | Calories from Fat 60 | |
| % Daily Value* | | |
| Total Fat 7g | | 11% |
| Saturated Fat 4g | | 20% |
| Trans Fat 0g | | |
| Cholesterol 20mg | | 7% |
| Sodium 35mg | | 1% |
| Total Carbohydrate 14g | | 5% |
| Dietary Fiber 0g | | 0% |
| Sugars 14g | | |
| Protein 2g | | |
| Vitamin A | | 4% |
| Vitamin C | | 0% |
| Calcium | | 8% |
| Iron | | 0% |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs. | | |
| | Calories: | 2,000 2,500 |
| Total Fat | Less than | 65g 80g |
| Sat Fat | Less than | 20g 25g |
| Cholesterol | Less than | 300mg 300mg |
| Sodium | Less than | 2,400mg 2,400mg |
| Total Carbohydrate | | 300g 375g |
| Dietary Fiber | | 25g 30g |

New Label

| Nutrition Facts | | |
|---|--|-----|
| 9 servings per container | | |
| Serving size 2/3 cup (88g) | | |
| Amount per serving | | |
| Calories | | 170 |
| % Daily Value* | | |
| Total Fat 9g | | 12% |
| Saturated Fat 6g | | 30% |
| Trans Fat 0g | | |
| Cholesterol 25mg | | 8% |
| Sodium 50mg | | 2% |
| Total Carbohydrate 19g | | 7% |
| Dietary Fiber 0g | | 0% |
| Total Sugars 19g | | |
| Includes 14g Added Sugars | | 28% |
| Protein 3g | | |
| Vitamin D 0mcg | | 0% |
| Calcium 110mg | | 8% |
| Iron 0mg | | 0% |
| Potassium 150mg | | 4% |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | | |



**WORLD ELDER ABUSE
AWARENESS DAY**
Building Strong Support for Elders



5 Facts About Elder Abuse

June 15th

June 15th

**World
Elder
Abuse
Awareness
Day**

1. It happens mostly at home. Elder abuse instances happen mostly in the home where the senior lives.
2. One in every ten elder adults experience some form of abuse in their lifetime.
3. Finances are at the highest risk. The most common form of abuse is financial exploitation and extortion.
4. Nine out of ten elder abusers are relatives. In about 90% of elder abuse and neglect incidents, the perpetrator is a family member.
5. Many incidents go unreported. Only one of every six instances of elder abuse is reported.

New Crypto Payment Scam Alert By Cristina Miranda Jan 2021

There's a new spin on scammers asking people to pay with cryptocurrency. It works like this: someone might call pretending to be from the government, law enforcement, or a local utility company. Maybe a romantic interest you met online calls, or someone calls to say you've won the lottery or a prize. They'll wind up asking you for money. If you believe the story they tell and you seem willing to engage, they'll stay on the phone to direct you to withdraw money from your bank, investment, or retirement accounts. Then they'll tell you to go to a store with a cryptocurrency ATM (and they'll stay on the phone the whole time). Once you're there, they'll direct you to insert your money into the ATM and buy cryptocurrency. Here's where a QR code comes in: they send you a QR code with their address

embedded in it. Once you buy the cryptocurrency, they have you scan the code so the money gets transferred to them. But then your money is gone.

Here's the main thing to know: nobody from the government, law enforcement, utility company, or prize promoter will ever tell you to pay them with cryptocurrency. If someone does, it's a scam, every time. Any unexpected tweet, text, email, call, or social media message — particularly from someone you don't know — asking you to pay them in advance for something, including paying with cryptocurrency, is a scam.

If you spot something like this, tell the FTC right away at [ReportFraud.ftc.gov](https://www.reportfraud.ftc.gov). And to learn more about avoiding cryptocurrency scams, visit ftc.gov/cryptocurrency

Dementia Friendly Community

In a dementia friendly community, every part of the community plays a role and works together to create and sustain a dementia friendly culture.

The people of Wisconsin are coming together to support their families, friends, and neighbors living with dementia. Whether someone lives in a small town or a large city, whether they are young or old, anyone can get involved in helping their community to become dementia friendly.

At the ADRC of Racine County we would like to highlight our two Dementia Care Specialists.



Felicia Elias is the Dementia Caregiver Support Specialist. She provides guidance and education to caregivers, walking the journey with

them while supporting individuals living with dementia. Felicia's journey began many years ago when she started her nursing career. It was always her dream to serve our senior population. Over the years, Felicia has learned so much...from the wisdom and life stories that have been shared, to watching the struggles and strengths of those she has had the privilege of serving. She is excited about the ongoing statewide efforts to support

those with memory concerns and caregivers.



Kimberly Meitner is the Dementia Care Outreach Specialist that will provide dementia education and outreach for the community.

Kim has been with the ADRC of Racine County for approximately 7 years. She is a lifelong resident of the community and a caregiver for her grandmother that is living with dementia. Kim will provide more awareness and train local businesses to better understand how to support individuals living with dementia. She is excited about her new role and the opportunity to make Racine County a more dementia friendly community.

One way to bring awareness is through early detection and getting a memory screen. Memory screens are the baseline tools used for early detection when memory loss is suspected. The ADRC of Racine County can provide a confidential memory screen to help identify changes in memory and cognition. If you are interested in having a memory screen, please contact the ADRC of Racine County at 262-833-8777.

You're invited to a Summer Solstice Celebration!

June 21st is the longest day of the year, but for caregivers, every day is the longest day. Remember, time flies when you are having fun! Let's get through this day together.

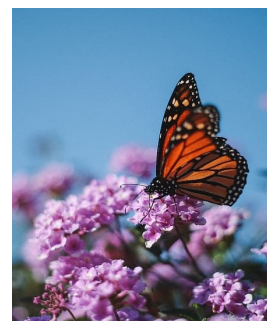
Please join the ADRC and SPARK! on **Tuesday, June 21st** from **4-6 PM** for an evening activity curated by SPARK!

SPARK! is a free art experience for people with Memory Loss and their care partners through the Racine Art Museum.

Where: **Grace Church 3626 WI-53405**

Time: 4:00-6:00 PM

RSVP is appreciated. Please call or email Felicia at 262-833-8777 or felicia.elias@racinecounty.com





Your Benefits

Important Numbers (Toll Free)

Social Security

Local: 866-270-8629
USA: 800-772-1313

Medicare

1-800-Medicare
(800-633-4227)

Wisconsin Medicaid

Member services:

800-362-3002

Wisconsin Kenosha Racine Partners Consortium (WKRP)

888-794-5820

Keep Your Coverage!

BadgerCare Plus and Medicaid have special rules during the COVID-19 emergency. Let's work together so you'll still have health insurance benefits when the emergency ends.

- ⇒ **Update your contact Info**
- ⇒ **Open your mail**
- ⇒ **Take Action**

Questions?

Contact WKRP at
888-794-5820 or
Member Services at
800-362-3002

What is a Disability Benefit Specialist?

Disability Benefit Specialists (DBS) help answer questions and solve problems related to Social Security, Medicare, health insurance, and other public and private benefits for people with disabilities. They serve people ages 18-59 who have a disability.

Services are free and confidential.

- Provides accurate information on public and private benefits and programs
- Helps determine which benefits and programs you may be entitled

- Helps you fill out applications for benefits, programs and services
- Talks with you about your choices and the programs or services that might best meet your needs
- Provides assistance in obtaining or retaining benefits and services
- Provides referrals, assistance and supports including disability rights, and the impact of earning on financial eligibility for public benefits.

For more information or to connect with our Disability Benefit Specialist, contact the ADRC.

Medicare's Yearly "Wellness" Visit

Have you had your Yearly Wellness Visit? This visit is one of the preventive services and screenings covered by Medicare Part B. Your provider will ask you to fill out a questionnaire, called a "health risk assessment," as part of this visit. Answering these questions can help you and your provider develop or update a personalized prevention plan based on your current health and risk factors.

Your yearly wellness visit can also include:

- Review of your medical and family history
- Developing or updating a list of current medical providers and prescriptions
- Recording height, weight & blood pressure
- Creating a list of risk factors and treatment options
- Detection of any cognitive impairment
- Establishing a schedule of screenings for appropriate preventive services
- Personalized health advice
- Advance care planning

It is important to note that the Yearly Wellness Visit is not the same as a physical. Medicare does not cover a routine physical.

You pay nothing for the Yearly Wellness Visit if the doctor or other qualified provider accepts assignment. If additional tests or services are performed during the same visit they may not be covered under this preventive benefit and you may have to pay the coinsurance and the Part B deductible may apply. Also, be sure to ask for the Yearly Wellness Visit by name when you call to schedule your appointment. And if you are not sure if the test/screening your doctor has recommended will be covered by Medicare you should ask your provider.

Remember, taking advantage of the Yearly Wellness Visit and other preventive services and screenings are an important step in promoting good health.

More information about the preventive tests/screenings covered by Medicare can be found in the Medicare and You 2021 handbook or on the Medicare website (www.medicare.gov).

You can also call the Benefits Specialists at the Aging and Disability Resource Center of Racine County at 262-833-8777 for more information.



Family Caregiver Connections

Is Caregiving making you feel Stressed or Overwhelmed? Do you become easily Irritated or Angry? If you answered yes, consider joining one of our Family Caregiver Connections Groups. By attending a Caregiver Group, you will find you're not alone. You'll hear from other Caregivers that these feelings are normal. Caregivers find that being able to freely express their thoughts and

feelings in a safe place where "what is said in the room stays in the room" surrounded by people who truly understand what you are going through is healing. Caregiver Groups can also decrease feelings of loneliness and isolation. You might even be able to pick up some new caregiving tips and community resources.

If you'd like to learn more about the ADRC Caregiver Groups, please call 262-833-8764 or email ruth.stauersbol@racinecounty.com



Support Groups for Family Caregivers

Support groups are for caregivers who are over 60, or are caring for someone over 60 and/or caregivers (of any age) for those who have dementia.

Second Wednesday
1:00 - 2:30 pm In Person
 Christ Church United Methodist
 5109 Washington Ave Racine

First Thursday
6:30 - 7:30 pm
 Zoom/Call in
 Call 833-8764 for call-in Information

Third Thursday
6:00 – 7:30 PM In Person
 Christ Church United Methodist
 5109 Washington Ave Racine

For in person registration, call in or virtual group information, contact Ruth at 262-833-8764 or email ruth.stauersbol@racinecounty.com

Respite

Respite care refers to time off from both giving and receiving care, but it can also mean time away from your normal schedule. Activities that you do for enjoyment, taking a vacation, or just pausing in a daily routine for a moment to be in that moment, and other leisure activities all provide a bit of respite.

Many of the different ADRC directories also offer a section on leisure activities.

Call for a paper copy or find them all online at the ADRC website:

[https://
 www.adrc.racinecounty.com/
 site/453/service_directory.aspx](https://www.adrc.racinecounty.com/site/453/service_directory.aspx)



Have you heard about the Music & Memory program? Music & Memory is a program for people with Alzheimer's (or other forms of dementia) and their caregivers. The caregiver-directed, in-home program is designed to help

find renewed joy in life through musical favorites. Our team is trained to develop personalized playlists through conversation with the listener and their caregiver about their life history and musical interests. The tailored playlists are downloaded onto an iPod that is then loaned out for the listener to use.

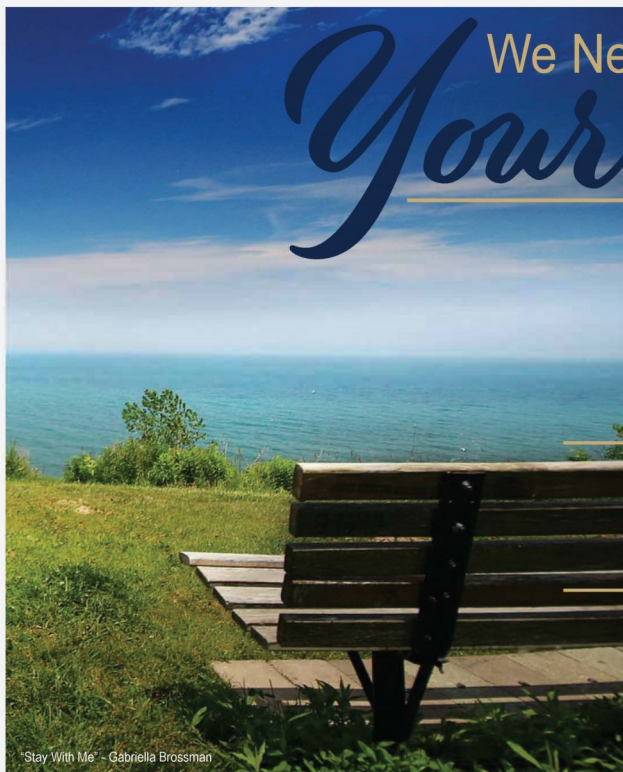
Here are a few testimonials found on Alzheimers.net—

"Those with anxiety and depression are less agitated and appear calmer. The music transports them to a happier place in their minds."

"One gentleman who had a diagnosis of failure to thrive actually gained weight and began taking an interest in the world after he started using the iPod."

"Care partners are able to create more meaningful relationships with care receivers, spending less time dealing with behavioral issues. Perhaps most encouraging, some are actually seeing a reduction in the need for psychotropic drugs."

If Music & Memory is something you would like to try, you may call the ADRC and ask for Taylor Scherer at 262-833-8777.



"Stay With Me" - Gabriella Brossman

We Need Your Input

Racine County is seeking feedback on the needs and barriers of residents ages 55 years and older to help inform future amenities and services for a potential adult enrichment center.

Please fill out the survey and help Racine County.

Survey



<https://tinyurl.com/mr3wpcab>

Address

If you would prefer a paper survey to complete and return. Please contact us.

📞 262.833.8777 📍 14200 Washington Ave.
Sturtevant, WI 53177



VOLUNTEER APPRECIATION!

Volunteers 10+ Years

| | |
|---------------------|-----------|
| GRANDI, JENNIFER A | 5/17/2000 |
| GRAF, CLARE A | 9/20/2001 |
| PERRY, CURTIS A | 12/3/2003 |
| GIRARD, MARGARET M | 1/3/2007 |
| KLINK, CINDY | 2/7/2007 |
| KASTENGREN, JACKIE | 7/5/2007 |
| MILLER, HAROLD A | 11/5/2008 |
| YACKLEY, LINDA M | 1/12/2010 |
| YACKLEY, NICHOLAS L | 1/12/2010 |
| GERARD, JOYCE E | 8/10/2010 |

Volunteers 5-10 years

| | |
|------------------------|------------|
| HARDY, JANE F | 2/14/2012 |
| WILEY, TC | 11/4/2012 |
| GINTHER, PAUL | 2/7/2013 |
| HEINZEL, MARY E | 1/1/2014 |
| LEE, MARY E | 1/1/2014 |
| LE AIR, NANCY | 1/1/2014 |
| RICE, KAREN | 1/1/2014 |
| RICE, KAREN | 1/1/2014 |
| THALACKER, DOUGLAS O | 1/20/2014 |
| SANDVIG, EUGENE C | 2/12/2014 |
| MEYER, PAUL K | 2/17/2014 |
| LUEDTKE, SUSAN B | 7/24/2014 |
| ZIMMERMANN, RICHARD | 9/13/2014 |
| JARAPKO, BARBARA J | 10/24/2014 |
| JARAPKO, JAMES A | 10/24/2014 |
| LIPKE, NINA | 1/1/2015 |
| FROMEL, LYNNE A | 1/9/2015 |
| FROMEL, DAVE | 1/9/2015 |
| PROFESSIONAL SERVICES, | 6/1/2015 |
| IVANOSKI, SANDRA L | 7/14/2015 |
| JEKEL, HERB | 9/14/2015 |
| COLLINS, ELIZABETH | 9/30/2015 |
| HEJNY, WAYNE G | 11/2/2015 |
| MURRAY, JAMES | 11/2/2015 |
| WALQUIST, PAUL E | 11/2/2015 |
| FURRIE, JAMES F | 12/1/2015 |
| PETERSON, KATHLEEN | 12/1/2015 |
| PETERSON, ROBERT J | 12/1/2015 |
| WILSON, GREG | 1/4/2016 |
| VAN HULLE, JOSEPH C | 6/1/2016 |
| VOLD, MARGARET A | 11/1/2016 |
| ULRICK, ANN L | 11/30/2016 |
| VILLA, ALICIA | 11/30/2016 |
| DEPELECYN, JANE | 12/1/2016 |
| NEITZEL, JAMES A | 12/1/2016 |
| NEITZEL, SALLY V | 12/1/2016 |

Deliver a Meal and a Smile

Volunteers make an immeasurable difference in people's lives and often serve with the intention of helping others. Did you know that volunteering can benefit your health, as well? When spending time in service to others, volunteers report feeling a sense of meaning and appreciation, both given and received, which can have a stress-reducing effect.

The work that volunteers provide is essential to everyday activities, which gives volunteers a sense of purpose, especially when volunteering in the areas they find meaningful.

The Senior Nutrition Program of Racine County is always looking for part-time drivers, both volunteer and paid opportunities are available. This is a fun, rewarding job helping seniors in the community Monday through Friday. No weekends or holidays. Must have a valid drivers license and your own vehicle. Call Elizabeth at **262-833-8766**.

Volunteers 1-5 years

| | |
|--|------------|
| GIEGLER, MARJORIE A | 1/3/2017 |
| AUGUSTINE, ALBERT | 2/1/2017 |
| LANGLOIS, CYNTHIA M | 2/6/2017 |
| LANGLOIS, THOMAS W | 2/6/2017 |
| DINDA, ERNEST E | 6/12/2017 |
| MCKERNAN, VIVIAN | 9/30/2017 |
| MCREYNOLDS, KENT | 10/27/2017 |
| SELMO, DON L | 12/4/2017 |
| HLAVKA, CAROL R | 12/18/2017 |
| FRANK, GREGORY J | 1/11/2018 |
| KUTZ, GARY L | 1/11/2018 |
| Racine CO Opportunity Center | 1/15/2018 |
| KELEGIAN, JUDY S | 3/20/2018 |
| KELEGIAN, YEPREM | 3/20/2018 |
| SCHLITZ, DEBORAH L | 3/30/2018 |
| LYON, ERIC F | 4/16/2018 |
| SOBOTA, DREW | 4/16/2018 |
| MELBY, MARYANN D | 5/7/2018 |
| DEKEUSTER, ANNA M | 5/11/2018 |
| KEIL, DEBORAH A | 6/26/2018 |
| KEIL, JOHN T | 6/26/2018 |
| CAPRIATTI, SANDY L | 7/30/2018 |
| BRAUN, CAROLYN A | 12/10/2018 |
| LINGSWEILER, BRUCE C | 1/7/2019 |
| LINGSWEILER, KATHLEEN | 1/7/2019 |
| REAVIS, MARION B | 1/21/2019 |
| REAVIS, GERALD | 1/21/2019 |
| CACCIOTTI, MARY H | 1/22/2019 |
| SPITZENBERGER, GAIL M | 2/12/2019 |
| OSTRANDER, FRANCZESKA C | 2/19/2019 |
| OLLE, LYNN M | 3/1/2019 |
| Adult Day Care, Achievements by James | 5/1/2019 |
| SHERIFF, PATRICIA | 7/22/2019 |
| FAULDS, JOHN D | 8/27/2019 |
| ARETZ, KATHY R | 11/27/2019 |
| LERY, MIKE | 1/1/2020 |
| LERY, SUE | 1/1/2020 |
| KETCHUM, COREY | 2/5/2020 |
| RHOADS, PAMELA J | 2/7/2020 |
| CHAPMAN, PARTICK | 3/10/2020 |

Volunteers up to 1 years

| | |
|----------------------|-----------|
| BELL, JEFFERY | 6/1/2021 |
| LEE, PAMELA | 8/24/2021 |
| LEBAK, BARBARA | 11/5/2021 |
| DALZIEL, KURT | 12/6/2021 |
| POFFENBERGER, LONNIE | 1/3/2022 |
| POFFENBURGER, CONNIE | 1/3/2022 |
| SAMUELSON, KATHLEEN | 1/7/2022 |
| SAMUELSON, STEPHEN | 1/7/2022 |
| TATRO, CHRISTOPHER | 2/16/2022 |
| CABALI, TAMMY | 3/14/2022 |
| CABALI, TED | 3/14/2022 |
| GISE, BILL | 4/7/2022 |
| ALLEN, KIM | 4/8/2022 |
| BLISE, BARBARA | 5/5/2022 |





14200 Washington Ave
Sturtevant, WI 53177

www.adrc.racinecounty.com

Caregiver Opportunities

Caregiver Consultations

The ADRC and the Alzheimer's Association have appointments for care consultations that can be held in person at a location convenient to you , virtually, or via phone. To arrange an appointment, contact Felicia at the ADRC of Racine County at 262-833-8777.

Memory Cafés

Memory Cafés are a comfortable, social gathering that allow people experiencing memory loss and a loved one to connect, socialize, and build new support networks.

1st Monday of each month 1:00pm - 2:30pm
Grace Church, 3626 Highway 31, Racine, WI 53405
For information or to register contact Felicia at 262-833-8777.

3rd Friday of each month 9:30am– 11:00am
Burlington Aurora Wellness Center, 300 McCanna Pkwy, Burlington, WI 53105
For information, or to register,
contact Chad at 262-212-3596

*ADRC Connections is published Quarterly.
If you have questions you would like to see addressed
in the ADRC News please call us at
262-833-8777 or
email: adrc@racinecounty.com*

